



DUNEDIN GYMNASTIC ACADEMY

PARTICIPANT CODE OF CONDUCT

Breach of any of these rules will lead to disciplinary action

DGA is a friendly, welcoming club and as such we take a zero-tolerance approach to disrespectful, disruptive and bullying behaviour.

1. All gymnasts must demonstrate respect and kindness to all coaches/ leaders and their decisions. Breach of this rule will be followed by a phone call or verbal discussion with the parent.
2. All gymnasts must respect and show kindness to their team mates/ opponents. Breach of this rule will be followed by a phone call or verbal discussion with the parent.
3. Gymnasts should keep to agreed timings for training or inform their coach if they are going to be late, or must leave early. (Coaches reserve the right to refuse entry).
4. Gymnasts must wear suitable attire for training, i.e. leotards, shorts, leggings etc and
 - a Keep hair longer than chin tied back
 - b Remove all jewellery, watches, etc.
 - c. No jeans or clothes with clips and buckles on
 - d. Bare feet, verruca's/ athlete's foot must be covered until completely cured. (i.e. gym shoes, plasters)
5. Coaches must be informed of any injuries, illness or concerns that may affect the training session.
6. Those who do not participate correctly in their session warm up will not be able to train until the coaches feel satisfied that sufficient warm up is completed.
7. Gymnasts should remain in the gym facility with their coach or another coach (who has been informed that their gymnast is waiting to be collected) at the end of a session until collected by their parent or guardian.
8. All term fees must be paid to be able to enter competitions.



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Breaches of the Participant Code of Conduct

will result in:

1. The gymnast will receive a warning from their coach with a clear indication of which part of the code has been breached. The coach will discuss the implications of a second breach of the code with the participant.

2. If the same part of the code is breached repeatedly, the consequence may be (but not limited to):
 - a. Small children (under 7): time out
 - b. Older gymnasts: the participant may be asked to call their parent and request to be picked up. They may be sat out until the parent arrives.

3. If this behaviour continues a meeting with the parent will be organized to try and reach a solution. Refer to the ***DGA Positive Guidance Policy 6: Appendix I.***

Approved by:

Penny McLeod, President

Approved by DGA Executive Committee on May 10, 2018



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Appendix I: Guidelines to Follow when the Participant Code of Conduct is Breached Repeatedly

When the positive guidance procedures are not effective and a participant has breached the Code of Conduct repeatedly, a meeting is to be arranged between the parent and coach (inclusive or exclusive of the gymnast). The following may guide your meeting:

1. Review the Participant Code of Conduct and be specific as to how and when the participant broke the code. Explain the rationale for that part of the code and how it relates to the Health and Safety of other DGA members. Ask your Programme Coordinator or Health and Safety Coordinator to explain further if needed.
2. Invite the parent or caregiver to attend and observe all or part of a training session. For younger gymnasts in the GFA programme, this may involve asking the parent to participate in the session.
3. With the parent/caregiver, try to identify possible triggers or precursors to behaviour that breaches the Code of Conduct – i.e. eating times, what they've eaten, how much sleep they've had etc. Problem solve strategies for eliminating or minimizing the impact of these triggers/precursors.
4. Set up a communication pathway between the parent/caregiver and coach. This could be in the form of a communication notebook, or email – note all emails regarding Positive Guidance and the Code of Conduct should be cc'd to the Programme Coordinator.
5. Arrange to meet with the Programme Coordinator to discuss alternative Positive Guidance Strategies/solutions
6. Arrange to meet with the Parent/Caregiver again at a set time to review the success of the strategies in place and/or make alternative plans.
7. **IMPORTANT:** Discuss the consequences of further breaches of the Code of Conduct: the participant will be stood down from training for the remainder of the term and can only be re-instated on review by the Programme Coordinator and Programme Director. The Programme Coordinator and/or Programme Director may offer an alternative programme for the remainder of the term.