



COACHES/HELPERS CODE OF CONDUCT

Breach of any of these rules will lead to disciplinary action.

C1: *It must be remembered that a coach/ helper is in a position of trust and is a role model to the gymnasts and younger coaches; this duty of care must not be abused.*

C2: *All coaches/ helpers must demonstrate respect to all lead coaches, Programme Coordinators and management committee decisions.*

C3: *Coaches/ helpers must wear suitable attire whilst coaching.*

Coaches/ helpers will be expected to:

C3a: *Arrive to sessions on time*

C3b: *Commit to helping to tidy up after the session*

C3c: *Use appropriate language.i.e. positive, non-aggressive language. Swearing is not tolerated. Refer to the DGA Positive Guidance Policy 6.*

C3d: *Have a professional attitude with a 'gymnasts centred' approach whilst on duty.*

C3e: *Keep long hair tied back.*

C3f: *Remove all jewellery, watches, etc.*

C3g: *No jeans or clothes with clips and buckles.*

C3h: *Prepare sessions in advance and have good lesson plans prepared*

C3i: *Be on your feet as much as possible assisting gymnasts with their shapes and technique*

C3j: *Be aware of all club policies - these can be found on the DGA website under "About us" – Health and Safety and in hard copy at all DGA venues. You are required to comply with these at all times.*

C3k: *Speak up if you see or hear any behaviour that concerns you regarding Health and Safety – we aim to prevent injuries to coaches/helpers/gymnasts/families before they occur. We have zero tolerance for bullying - this applies to coaches and gymnasts.*

C3l: *Be present at all times whilst your group is training*

C4: *Do not use mobile phones whilst coaching unless there is an emergency or work related matter or the head coach, or a senior coach has cleared you to do so. Refer to DGA Technology Free Training Policy.*

C5: *Coaches must not show favouritism towards participants due to performance or personal preference.*

C6: *Coaches must consider the quality of development and safety of participants at all times during sessions and plans.*

C7: *Demonstrate an appropriate working relationship with all participants/ coaches/ Programme Coordinators/ Committee members.*

C8: *Never place yourself in a vulnerable situation or position with just yourself and a gymnast. If you are planning a training session where such a vulnerable situation may occur – you must have written consent from a parent/caregiver (email or txt).*

C9: *Coaching quality should not be compromised due to the effects of medication, drugs or alcohol. Never consume alcohol immediately before or during training/ events.*

C10: *Encourage gymnasts to value the quality of their performance and not just the degree of difficulty and results.*



DUNEDIN GYMNASTIC ACADEMY

C11: Coaches must not demonstrate incidents of slander towards the club, coaches, participants and or any other clubs.

C12: All welfare, club issues etc, must be kept confidential and only be discussed with the relevant club people

All breaches of the above code will be referred to the DGA People's Sub Committee as set out in the DGA Employment or Volunteer Agreement.

Approved by:

Penny McLeod, President

Dunedin Gymnastic Academy

May 10, 2018